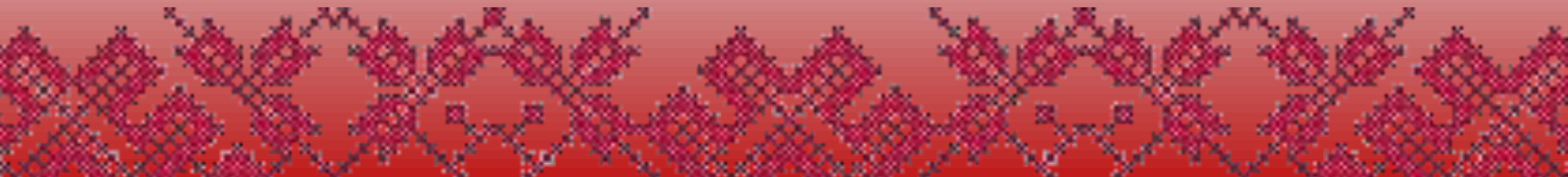


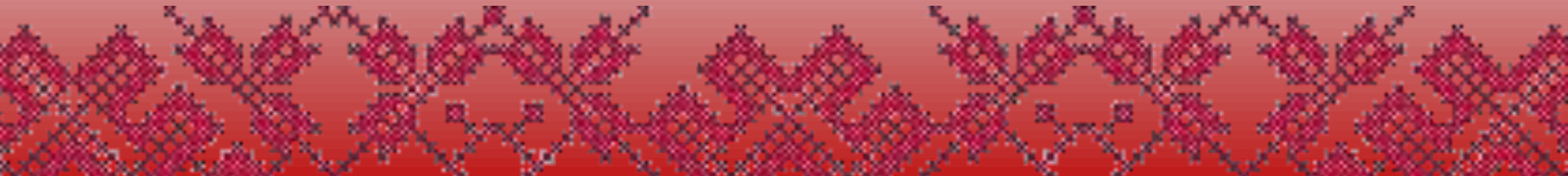
Dance and Dance Celebration in Estonia

FirstName Surname



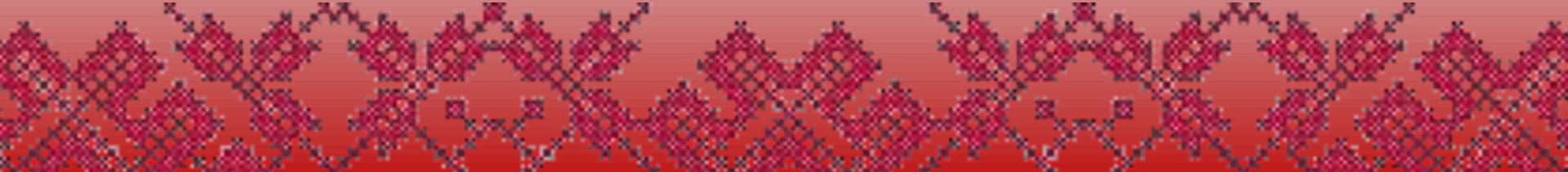
Dance

- Dance is a type of art that generally involves movement of the body, often rhythmic and to music. It is performed in many cultures as a form of emotional expression, social interaction, or exercise, in a spiritual or performance setting, and is sometimes used to express ideas or tell a story. Dance may also be regarded as a form of nonverbal communication between humans or other animals, as in bee dances and behaviour patterns such as a mating dances.



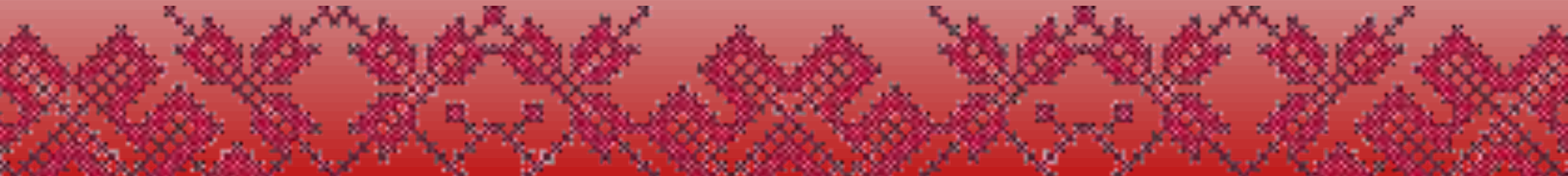
Dance competitions

- Competitive dance, in which a variety of theater dance styles, such as acro, ballet, jazz, hip-hop, lyrical, and tap, are permitted.
- Open competitions, that permit a wide variety of dance styles. A popular example of this is the TV program So You Think You Can Dance.
- Dancesport, which is focused exclusively on ballroom and latin dance. Popular examples of this are TV programs Dancing with the Stars and Strictly Come Dancing.
- Single-style competitions, such as; highland dance, dance team, and Irish dance, that only permit a single dance style.



Folk dance

- Dances performed at social functions by people with little or no professional training, often to traditionally based music.
- Dances not generally designed for public performance or the stage, though they may later be arranged and set for stage performances.
- Execution dominated by an inherited tradition rather than innovation (though folk traditions change over time)
- New dancers often learn informally by observing others and/or receiving help from others.



Dance festivals

Number of dancers participating 1985 - 2009

